

How To Study For An Exam

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- Understand The Type of Course You're Taking
 - Definitions & Terms to Memorize
 - Facts & Dates to Learn
 - Equations & Theories to Understand

- Start Preparing Early
 - Study 3 Weeks Before Exam ○○○
 - Study 2 Weeks Before Exam ○○○○
 - Study 1 Week Before Exam ○○○○○

- Set Aside One Whole Day to Study
 - Take 10-15min Breaks ○○○○○○
 - Exercise for 1 Hour
 - Listen to Recorded Lectures

- Sleep Well the Night Before
 - Get at least 8 Hours of Sleep

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